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Anita J. Slack, Editor

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*Eating Disorders: Understanding Causes, Controversies and Treatment*. Edited by Justine J. Reel. Santa Barbara, CA: Greenwood, 2018. 2 vols. Acid-free \$198 (ISBN 978-1-4408-5300-5). E-book available (978-1-4408-5301-2), call for pricing.

This two-volume set from Greenwood explores eating disorders and their causes, treatment, and prevention. The editor, Justine Reel, is a researcher and licensed counselor specializing in disordered eating, obesity prevention, and sports psychology, and she has assembled a knowledgeable team of psychologists, nutritionists, eating disorder specialists, and researchers as contributors to this encyclopedia. Articles in the volume are listed alphabetically and include topics on medical and psychological disorders, sports medicine and exercise, popular culture, therapies, and comorbidities common to eating disorder patients. Each entry begins with an overview, a brief history if warranted, and a discussion of how the topic relates to or affects eating disorders. A bibliography accompanies each signed article, and cross references are included for further investigation. In addition, interviews with people suffering with or affected by eating disorders are included in appropriate sections, and a comprehensive index at the end of volume 2 aids in locating individual topics. Two helpful sections are included at the end of volume two: "Controversies and Debates" gives opposing viewpoints on issues within the eating disorder research community, and "Case Illustrations" gives ten examples of patients with potential eating disorder symptoms and the possible diagnoses and treatments that are available for their conditions.

Although differently titled, *Eating Disorders: Understanding Causes, Controversies and Treatment* seems to be an overhaul and update of Reel's earlier volume *Eating Disorders: An Encyclopedia of Causes, Treatment, and Prevention* (ABC-Clio, 2013). An update was sorely needed, however, as some of the eating disorders identified in Reel's earlier edition have been recategorized or deprecated in the new DSM-V (*Diagnostic and Statistical Manual of Mental Disorders*, American Psychiatric Association, 2013). There currently are not many good reference resources on eating disorders for a general audience. Most books fall either into the professional medical area and are written for specialists or else are more in the self-help genre. Omnigraphics is releasing a new edition of their one-volume *Eating Disorders Sourcebook* this year, which may be a viable alternative, but *Eating Disorders: Understanding Causes, Controversies and Treatment* is an excellent resource on the topic for general readers, high school age and above.—Amanda K. Sprochi, *Health Sciences Cataloger, University of Missouri, Columbia, Missouri*

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*Encyclopedia of Romance Fiction*. Edited by Kristin Ramsdell. Santa Barbara, CA: Greenwood, 2018. 466 p. Acid-free \$94 (ISBN 978-0-313-33572-3). E-book Available (978-0-313-05405-1), call for pricing.

Part reference book, part readers' advisory, and completely entertaining to browse, the *Encyclopedia of Romance*

## SOURCES

*Fiction's* selective set of entries illustrates the breadth of the romance genre while acknowledging its reach, from early literature to today's publishing industry. The market share of popular romance indicates the public's enduring interest and demonstrates a need for supplementary resources for general readers or those beginning research in romance-related topics. Academic study of this popular reading material is increasing, with special issues and at least one peer-reviewed journal devoted to the topic and recognition within disciplines including literature, women's and gender studies, and popular culture.

Ramsdell, an established authority on romance fiction, gathered researched contributions from scholars, publishers, and librarians to show the range of interest in romance fiction. Rather than attempting a comprehensive look at the genre or focusing primarily on individual authors or texts, the majority of the content focuses on basics such as characteristics, subgenres, common plots, and issues associated with romance fiction. The work's scope includes the influence of Gothic novelists and looks forward to modern developments such as the increased access to erotica brought about by technology. References to additional resources accompany each entry.

Users will enjoy either browsing or going directly to the index to identify specific entries. The "List of Entries" and "Guide to Related Topics" function as a dual table of contents, appealing to users with different reasons for using the title. It is worth noting that the index does not consistently reference every author or title mentioned within every entry. Authors referenced within the entry for "Fantasy Romance," for example, are found in the index, while entire series developed by popular contemporary authors who did not merit individual entries are only identified within the entry for "Linked Books."

Those seeking to build romance collections, provide more readers' advisory, or focus on individual authors and texts would be better served by other titles, including Ramsdell's *Romance Fiction: A Guide to the Genre* (Libraries Unlimited, 2012) or the Brackett's *Classic Love & Romance Literature* (ABC-CLIO, 1999). This encyclopedia bridges the popular and the emerging academic interest in this popular fiction genre.

Recommended for libraries with romance collections, general interest in the subject, and supporting programs in women's studies or popular culture.—Amy F. Fyn, *Coordinator of Library Instruction, Kimbel Library, Coastal Carolina University, Conway, South Carolina*

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***Food, Feasts, and Faith: An Encyclopedia of Food Culture in World Religions.*** By Paul Fieldhouse. Santa Barbara, CA: ABC-CLIO, 2017. 2 vols. Acid-free \$189 (ISBN 978-1-61069-411-7). E-book Available (1-61069-412-4), call for pricing.

The alliterative *Food, Feasts, and Faith: An Encyclopedia of Food Culture in World Religions* brings together information

about the uses of food and drink within the faith practices of well-known religions with global adherents such as Buddhism, Christianity, Hinduism, Islam, and Judaism as well as lesser-known faith communities and sects such as Candomblé, Rastafari, Santeria, and the indigenous peoples of Africa, Australia, and America. Articles, which follow a standard A to Z arrangement, cover customs (fish on Friday), food stuffs (rice), drink (wine), people (Guru Nanak), festivals (Qingming), practices (fasting), rituals (marriage ceremonies), religious groups (Seventh-Day Adventists), and sacred texts (Laws of Manu) to name but a few of the 226 entries and 220 or so related topics. Each article includes see also references and lists sources for further reading. Twenty-seven primary source documents such as "The Taittiriya Upanishad on Food" (2:577) supplement the main work. Each is briefly introduced for context, given see also references to related articles, and provided with a citation to the source from which the excerpted text is taken.

Religious calendars, black and white photographs, and sidebars illustrate many of the entries. The former are based on or converted to the 2017 Gregorian calendar necessitating updating in subsequent years.

*Food, Feasts, and Faith* concludes with a listing of mostly recent books and websites (without the date accessed), the credentials of the encyclopedia's sole author, and an impressively comprehensive index. Largely of interest to a North American audience, *Food, Feasts, and Faith* is suitable as an introduction to the diversity of religious practices associated with food for high school students, lower division undergraduates, and public library general readers.

*Encyclopedia of Food and Culture* (Scribner/Thompson Gale, 2003), a three-volume set edited by Solomon H. Katz, is a major scholarly work providing a comprehensive discussion of food from prehistory to 2003 from an anthropological, archaeological, economical, and historical perspective. Some 300 contributors write about the consumption, nutritional value, production, preparation, folklore, and science of food within regions and cultures throughout the world. Religious aspects of food are addressed from a cultural and historical perspective in various signed articles (see for example Baha'i; Buddhism; Christianity; Christmas; Easter; Fasting and Abstinence; Feasts, Festivals and Fasts; Hinduism; Islam; Judaism; Kwanza; Last Supper; Ramadan; Passover; Sin and Food; Religion) but, unlike *Food, Feasts, and Faith*, religion is not the work's major focus.

The four-volume *Food Cultures of the World Encyclopedia* (Greenwood, 2011), edited by food historian and author Ken Albala, is divided geographically by regions—Africa and the Middle East, Americas, Asia and Oceania, and Europe—with each region subdivided alphabetically by the countries within that region. Articles addressing the food customs and staples of the peoples living within some 150 countries and cultures have been pulled from Greenwood's *Food Cultures around the World* twenty-volume series supplemented by new articles specifically written to expand the present work's global coverage. Articles are signed by their contributors